



KOA KAI OUTRIGGER CANOE CLUB

Invitation to the
Koa Kai Sprint Regatta on
Sunday 19th January, 2014
Silver Beach, Kurnell



EVENTS

Event 1: OC6 500m Sprints – All Divisions

Briefing - 07.45am

Race start - 8.00am

Event 2: OC1 250m Sprints – All Divisions

Briefing - 9.45am

Race start - 10.00am

Event 3: OC6 1000m Sprints – All Divisions

Briefing - 10.45am

Race start - 11.00pm

Event 4: OC2 250m Sprints – All Divisions

Briefing - 1.45pm

Race start - 2.00pm

- All race start times are indicative and will be more accurate when team nominations have been received.



Presentation

To be held on the beach at the conclusion of the event.

**This year is Koa Kai's 20 year anniversary
we will be having a fabulous Hawaiian Party
on Silver Beach at the end of the day.**

**All previous members of Koa Kai and other clubs are invited.
BYO your own grog.**

Koa Kai kindly request that clubs that have Mirage canoes bring them to the regatta to allow a consistent canoe style to be used in all lanes and to speed up the race transition throughout the day.

ALL CANOES MUST HAVE:

- STORM COVERS (available),
- 2 BAILERS,
- 25m TOW ROPE,
- SPARE PADDLE
- 6 LIFE JACKETS.



COMPETITOR INFORMATION

Clubs not wearing full uniform while racing may be disqualified.

Race Information

- All events to be held on a 250m course
- 1 turn for a 500m race
- 3 turns for a 1000m race

Divisions - The intention is to have a full range of divisions available dependent on entries. The sooner we have entries the sooner we can categorise.

We hope to have:

- Junior Divisions
- Open men & women,
- Master men & women,
- Senior Master men & women,
- Golden Masters men & women,
- Open Novices
- Open Mixed

Club/ Team Nominations

- **5th January 2014** Online at www.aocra.com.au
- **12th January 2014** Online at www.aocra.com.au



Race Fees

- OC6 Sprint events:** **\$15.00** per competitor for each division for each of the 500m and 1000m races (\$90.00 per team, per event)
- Junior Sprint events:** **\$8.00** per competitor for each division for each of the 500m and 1000m races (\$48.00 per team)
- OC1 Sprint events:** **\$10.00** per adult, **\$5.00** per junior.
- OC2 Sprint events:** **\$20.00** per canoe, **\$10.00** per junior canoe.

Race fees must be paid **ONLINE**

Age Divisions

Age Divisions for Junior Competitors

Junior division competitors shall not have reached the age of 20 years during the race year of competition or be 10 years of age during the calendar year of competition. Proposed divisions, based on volume of entry are: 14 years and under, 18 years and under and 21 years and under.

Age Divisions for Senior Competitors

The following age divisions shall apply:

- a) Under 21 competitors both male and female are those who during the Race Year of competition shall not have reached the age of 22 during the race year.
- b) Open competitors both male and female shall be of any adult age (18+).
- c) Master competitors for **male** shall be in accordance with **NATIONAL AOCRA** ruling that states that you must be turning 40 for master division, 50 for senior master division and 55 for golden master division in the calendar year of racing. For women the age is 35 for masters, 45 for senior masters and 55 for golden masters divisions.
- d) NSW Zone rules apply where teams shall be of the same gender applicable for that event unless otherwise approved by the Zone Management Committee or AOCRA. Mixed crews must have at least 3 women paddlers.

Note: there must be three (3) teams to make a division.



Competitor Information

Conditions of eligibility

1. Only a competitor who is a financial member of a club affiliated with AOCRA Inc. and is a current registered competitor with AOCRA Inc. is eligible to nominate and compete in any event.
2. AOCRA Inc., the Race Director, or the Race Committee reserves the right to request proof of identity or age [i.e. ID card with photograph] of a competitor at any time.
3. The Race Committee reserves the right to be the arbiter in any dispute regarding eligibility and registration of competitors. The Race Directors decision is final.
4. The REGATTA RULES [as amended] of the Australian Outrigger Canoe Racing Association Incorporated shall apply. For full details of these rules, please refer to www.aocra.com.au
5. All OC6 will be required to carry 2 bailers, spare paddles, spare water, covers and 25 metre tow ropes and 6 life jackets approved by AOCRA for the events.

Safety Inspection

Members of the zone committee & host club will be performing safety inspections on all canoes. If a canoe fails to meet the required AOCRA Safety guidelines, the canoe will be ineligible to take part in the event.

Parking

There will be parking at the western end of Prince Charles Rd, Kurnell, with designated areas for trailers to allow easy access to the beach. The trailer car park needs to remain free to enable the public boat ramp to operate – only official vehicles and those towing trailers will be allowed in the paved car park. It is important to keep the access for the Catamaran Club to cross the road to rig and race off the beach, please do not block their access. It is also important not to block access for the Air Sea Rescue. It is suggested that you car pool as much as possible for this regatta.

Amenities

There will be a BBQ, snacks, coffee and drinks available throughout the regatta. Club tents can be erected in designated areas.

Male/Female toilets are provided at Bonna Point Reserve and will be maintained throughout the day. Dogs are allowed on a leash.

Safety

Members of the Zone Committee and host club will perform random safety inspections. Canoes not meeting AOCRA Safety Guidelines may be ineligible to race.

Canoes



Koa Kai kindly request that clubs that have Mirage canoes bring them to the regatta to allow a consistent canoe style to be used in all lanes and to speed up the race transition throughout the day.

Directions

From the South:

Driving Directions to Bonna Point Reserve from Princes Hwy, Heathcote

1. Head north-east on Princes Hwy towards Short St 9.8 km
2. Turn right to stay on Princes Hwy 1.8 km
3. Turn right onto The Boulevard 3.3 km
4. Continue onto Captain Cook Drive, Go through 4 roundabouts 10.9 km
5. Turn left and Head north on Silver Beach Rd towards Prince Charles Parade 260 m
6. Turn left onto Prince Charles Parade
7. Destination will be on the left 1.8 km - Bonna Point Reserve, Kurnell NSW 2231

From the North:

Driving directions to Bonna Point Reserve from the Sydney Harbour Tunnel

1. Head south on Sydney Harbour Tunnel 2.6 km
2. Continue onto Cahill Expressway 800 m
3. Continue onto Eastern Distributor Motorway 4.4 km
4. Continue onto South Dowling St 450 m
5. Continue onto Southern Cross Drive 5.5 km
6. Continue onto General Holmes Drive 1.5 km
7. Take the exit on the right towards Rockdale/Wollongong 230 m
8. Merge onto General Holmes Drive 1.8 km
9. Continue onto The Grand Parade 3.9 km
10. Continue onto Sandringham St 1.2 km
11. Turn left onto Rocky Point Rd 1.9 km
12. Continue onto Taren Point Rd 3.0 km
13. Turn left onto Captain Cook Drive 10.9 km
14. Turn left and Head north on Silver Beach Rd towards Prince Charles Parade 260 m
15. Turn left onto Prince Charles Parade
16. Destination will be on the left 1.8 km - Bonna Point Reserve, Kurnell NSW 2231

Trailers: It is very important to remain on Captain Cook Drive at the Kurnell roundabout and then **turn left at Silver Beach Rd** there is insufficient turning room if you turn left at the roundabout into Torres St.

DO NOT BLOCK ACCESS TO THE CATAMARAN CLUB.

Queries

Any queries should be directed to the Race Director:

Simone Golik 0417 424 669